



Canadian Mental  
Health Association  
Middlesex  
*Mental health for all*

Association canadienne  
pour la santé mentale  
Middlesex  
*La santé mentale pour tous*

**Exeter Site**  
149B Thames Road  
West  
Exeter, ON N0M 1S3  
Tel: 519-235-0335  
Fax: 519-235-3180  
E-Mail: [exeter@cmhamiddlesex.ca](mailto:exeter@cmhamiddlesex.ca)

August 16<sup>th</sup> 2017

Mayor Cole and South Huron Council

Re: Facility usage (Huron Park Arena) at no cost

We are formally requesting to Council for CMHA Middlesex to utilize space within the arena for the purpose of offering outreach to that community. We would be providing a point of connection and engagement for anyone seeking information, referral, advocacy regarding mental health and other support services that are offered in the county.

We have been offering a hub of services at one of the empty houses every Tuesday from 1:00-4:00 since April 1<sup>st</sup>. We have had a great response in bringing the mental health services there to the people who are unable to access services that we provide in Exeter. Unfortunately the Park has been purchased by a new owner who does not support our involvement there. We are aware that there is still a need in that area and refer to the recent suicide just a couple of weeks ago. We are extending ourselves to this area with no additional funding available to us and only using the staff resources that we currently have. I am requesting that we can utilize some space in the local arena for the same time frame of Tuesday afternoons. CMHA Middlesex and staff are fully insured to provide services off site, however we have no monies to contribute towards rental etc.

The staff will be responsible for the area they use and restore it after we leave with clean up etc.

We would like to restart the hub at the arena in September if all goes smoothly.

Please let me know if you require any additional information from myself and I eagerly await your reply.

Yours truly,

Beth Patterson  
Manager Exeter & Goderich Sites  
CMHA Middlesex

[www.cmhamiddlesex.ca](http://www.cmhamiddlesex.ca)



@CMHAMiddlesex



[facebook.com/CMHAMiddlesex](https://facebook.com/CMHAMiddlesex)

For bequests, our legal name is CANADIAN MENTAL HEALTH ASSOCIATION - MIDDLESEX