

September 30, 2019

I was happy to contribute my opinion on this matter when Colin asked for my thoughts. Supporting the residents of South Huron and surrounding communities through their grief is something that I have been busy with for almost 17 years. There are a few things that I know for sure, while everyone's loss experience is a different story their journey through grief has a lot of similarities. I wholeheartedly agree with Colin that delaying the burial of a family member has the potential to compromise the grieving process for people who may have to wait months to be able to complete this ritual. These delays can have a long lasting effects resulting in preoccupation with the deceased causing the griever increased stress that can result in the manifestation of physical and emotional issues. The intensity of grief after a significant loss is something that is hard to imagine until you are experiencing it for yourself, including the task of burying your loved one. Please don't make this harder on people than it needs to be with unreasonable delays, I encourage counsel to please find a way around this issue and to continue burials through the winter months.

Sincerely,

Kim Winbow

Coordinator of Hospice and Bereavement Service