PRESS RELEASE

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RELEASE DATE: October 22, 2021

COUNSELLING CENTRE FOR YOUTH TO OPEN IN EXETER

Dateline: [Exeter, ON, October 2021] — Trivitt Memorial Anglican Church in partnership with the Community Counselling Centre of London will be officially opening **Community Counselling Exeter**! An open house will be held on Sunday, October 31, 2021 from 1:00 pm to 2:00 pm at Trivitt Memorial Anglican Church located at 264 Main St, Exeter, Ontario

Community Counselling Exeter will provide subsidized counselling services for children, youth and young adults ages 12 to 25. Services will be operated by Community Counselling Centre of London and hosted and sponsored by Trivitt Memorial Anglican Church. Subsidized counselling is available based on each individual situation.

Community Counselling Exeter will open on November 1, 2021 and provide counselling on Monday's and Wednesday's from 11 am to 7 pm. A free Art Therapy group for youth dealing with anxiety will be offered on Tuesday's from 4 pm - 6 pm.

Eligible clients are residents of Exeter and South Huron. Clients wishing to utilize the services of Community Counselling Exeter are invited to call 226.314.2011 to inquire about counselling services and the free Art Therapy group for youth.

Tax Deductible Donations to Trivitt Memorial – Community Counselling Exeter can be made to Trivitt Memorial Anglican Church, 264 Main St, Exeter, ON

Tax Deductible Donations to Community Counselling Centre of London can be made directly to https://www.canadahelps.org/en/charities/community-counselling-centre-of-london/CanadaHelps

Community Counselling Centre of London website www.communitycounsellinglondon.com

> All people have worth and value. All people deserve to be treated with dignity and respect. All people deserve access to affordable counselling services.